

pumping

with **STYLE** and **EASE** anywhere you go.

To help you find more comfortable and less noticeable ways of wearing your insulin pump, try one of these items.



Contemporary Leather Case

Available in black, camel and brown, this stylish pouch is made especially for the business wearer. The Velcro flap gives easy access to the insulin pump when you're in a meeting or on the run.



Waist Pouch

Designed for all insulin pump models, this soft pouch will keep your insulin pump secure as you go about your daily life, while at the gym, or even while you sleep.



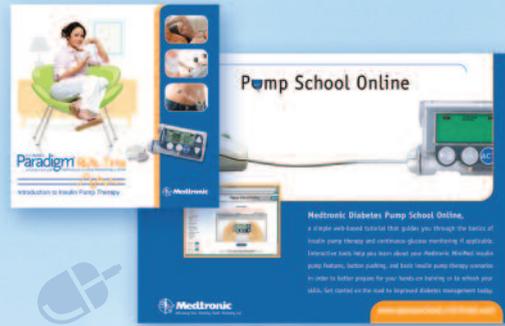
Children's MiniPack

Available in white or denim, this soft-padded mini-backpack has elasticized, adjustable straps to stow the insulin pump out of reach from prying fingers, and keeps it safely and securely in place during those fast-moving soccer and baseball games.

For **free shipping** and convenient home delivery, order online at <http://store.medtronicdiabetes.com>

review

your Introduction to Pump Therapy booklet and Pump School Online at www.medtronicdiabetes.com/help/pumpschool.html



find

a Patient Information Event in your area at www.medtronicdiabetes.com/events

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TIPS FOR NEW USERS



Embarking on the Journey



Transitioning to Insulin Pump Therapy to Live Life to Its Fullest!



NEW



welcome to the Medtronic Family!

Congratulations on choosing insulin pump therapy to manage your diabetes. As a new insulin pump user, you might feel overwhelmed as you transition to insulin pump therapy. At Medtronic Diabetes we will be with you every step of the way to make your journey a smooth one.

remember, if at any time you have a question, contact:

► **Our 24-hour HelpLine at 1-800-646-4633**



► **Your Medtronic Diabetes sales representative**



► **Your healthcare provider**



a smooth road to Blood Glucose Control



When you first start insulin pump therapy, you may see your blood sugars going up and down. This is normal; it takes time to arrive at the optimal settings.

When faced with hypoglycemia, follow the Rule of 15:

1. Consume 15 grams of a fast-acting carbohydrate such as:
 - ✓ 4 glucose tablets
 - ✓ 4 ounces of juice or non-diet soda
2. Check your blood glucose again in 15 minutes.
3. If blood glucose is still below 70 mg/dL, repeat steps 1 and 2.

15g

When faced with hyperglycemia:

1. Consult and follow your Bolus Wizard® calculator, and give a correction bolus as directed.
2. Recheck your blood glucose in 1 to 1½ hours.
3. If blood glucose is as high or higher than the previous reading, give a corrective bolus using an insulin syringe and change out your infusion set.



If at any time blood glucose is higher than 250 mg/dL, check for ketones.

If ketones are mild	If ketones are moderate to high
<ul style="list-style-type: none"> ✓ Give insulin by syringe ✓ Change infusion site ✓ Drink water ✓ Monitor blood glucose closely 	<ul style="list-style-type: none"> ✓ Give an injection ✓ Drink water ✓ Call your doctor



Map out effective infusion set management

Getting used to infusion sets can frustrate new pumpers. Below are tips that make the transition faster and easier.

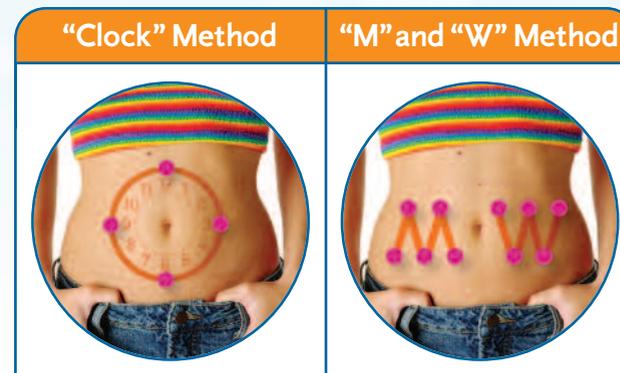


change
your infusion set every 2 to 3 days as recommended by the U.S. Centers for Disease Control and Prevention (CDC)¹. Regularly changing your infusion set and reservoir can help prevent:



- ✓ infection¹
- ✓ unexplainable highs²
- ✓ scarring³
- ✓ fatty tissue buildup^{4,5}

rotate
your infusion site each time you change your infusion set. This helps promote healing and ensures the future availability of many healthy infusion sites. For maximum effectiveness, consider using methods below, alternating between them. You can also use the back of the arms, lower back, upper buttocks, and upper thighs as sites.



remember, if you are **consistently** hypo- or hyperglycemic, be sure to contact your healthcare provider.



prime
the infusion set to ensure immediate insulin delivery.

Manual prime fills your infusion set tubing with insulin. Before inserting the infusion set, a manual prime is required until you see insulin coming out of the introducer needle. Fixed prime fills the soft cannula with insulin. Once the infusion set is inserted, remember to remove the introducer needle and fill the cannula with the appropriate fixed prime amount of insulin.

Fixed Prime Amounts		
Quick-set®	0.3 mL (6mm)	0.5 mL (9mm)
Silhouette®	0.7 mL (13 mm and 17mm)	
Sof-set®	0.3 mL (6mm)	0.5 mL (9mm)
Sure-T®	None	

watch
for air bubbles in the tubing.

These can lead to missed insulin delivery, resulting in high blood glucose. Air bubbles may be a result of improper infusion set change technique. Please refer back to the Instructional CD that was provided within the insulin pump box or call our 24-hour HelpLine at 1-800-646-4633 for assistance.

learn more about effective infusion set management at www.medtronicdiabetes.com/infusionsets